Assessing Quality of life of your pet

Ease of activity
❷ Good activity -Takes walks regularly and gets up easily to move around
❶ Less activity- Struggling to get up and to get into the correct position to urinate or defecate
❶ No activity – unable to move unless helped and no pain medication is effectively controlling pain

Eating habits
❷ Eats very well
❶ Fussy eater, needs to be fed by hand sometimes
❶ Not eating at all

Drinking habits
❷ Drinks normal amounts of water daily
❶ Not drinking water regularly or drinks more than the normal amount of water
❶ Needs fluid administration under the skin (no water intake)

Mood/Demeanor
❷ Normal interaction/attention seeking behavior
❶ Isolated from owner and demands minimal attention
❶ Isolated from owner most of the time

Voiding/elimination
❷ Normal
❶ Abnormal (incontinent)
❶ None

Favorite activities
❷ Participating in activities with enthusiasm
❶ Reduced activity, minimal enthusiasm
❶ Indifferent to any activities

Breathing pattern
❷ Normal breathing
❶ Increased breathing effort sometimes
❶ Increased breathing effort all the time

Sleeping pattern
❷ Normal sleeping at night
❶ Sleeping at night mostly
❶ Paces at night, sleeps by day

SCORE CHART

16-13 Good quality life

12-8 Needs veterinary intervention

< or = 7 Poor quality of life, consider Euthanasia

Date	Ease of activity	Eating habits	Drinking habits	Mood	Voiding or elimination	Favoured activity	Breathing	Sleeping habits	Total