

# Wild bird food cakes for winter

Here is what you will need:

- 1/3 cup sunflower seeds
- 1/3 cup nyjer seeds
- 1/3 cup grated cheese
- 1/2 cup dried fruit, soaked overnight
- 1/2 cup unsalted peanuts
- 1 cup lard or beef suet
- Hanging bird feeder(s) suitable for fat balls

Chop the nuts and fruit finely then mix all the dry ingredients well.

Melt the suet/lard then remove it from the heat and mix in the dry ingredients a little at a time.

Mould portions of the mixture into compressed balls that will fit in your feeder.

Place on baking paper lined tray and allow to cool, then refrigerate overnight.

Some additional tips for cheap, easy ways to present the cakes to the birds:

Place the mixture in empty yoghurt containers

Allow the mixture to set in a hollowed out halved orange or coconut shell.

Use a plastic mesh bag like those you buy gem squash, onions or oranges in and hang it up.

Once the mixture has started cooling, pack it into egg cartons which you can hang up.

