

Peanut Butter Dog Treats



Ingredients

- 2 cups whole wheat flour
- 1 1/2 teaspoons baking powder
- 1/3 cup smooth peanut butter
- 1 cup skim milk, or you can use 1 cup hot water (NOT BOILING WATER)
- 1 egg (This is optional, you do not have to include it)

Method:

- Preheat the oven to 180 degrees C
- Line your baking tray with tinfoil or baking paper and set aside
- In a large bowl, mix together the dry ingredients
- In a separate bowl, mix together the peanut butter in Hot water until smooth.
- Slowly mix the wet and dry ingredients together to make your dough
- If the dough is too dry add a little more milk or water, or if it is too wet add in some more flour
- Place the dough on the counter sprinkled with flour and roll it out with a rolling pin, or flatten the dough using your hands.
- Use your chosen cookie cutters shapes and cut the dough into various size dog biscuits
- Place the cut out biscuits on the baking tray making sure that you leave enough space between the cookies because they will spread slightly and rise when baking.
- bake the biscuits for +- twenty minutes at 180 degrees C. The biscuits should be light brown when done. Allow the biscuits to cool before serving

