

Here are some ideas to help your pets beat the heat!

### **Parrot popsicles**

You will need:

- Plastic cups/ice trays/Small plastic bowls (depending on bird size)
- Water
- Fruit juice – apple (clear so can see coloured cubes inside for extra fun)/mango/peach
- Cubed fresh fruit and veg: apple, banana, mango, peas, cucumber, strawberry, plum, peach (suggestions only – please use a variety of fresh food)

Mix 1 cup fruit juice and 3 cups water.

Dispense mixed fruit and veg into ice trays / cup / bowl

Freeze till solid

Empty onto plate or into bowl – leave to sweat for a minute or so till no longer sticky

Serve!



### **Cat Cool-aids (Works well for dogs too!)**

You will need:

- Ice trays / plastic cups (for dogs, small buckets/large bowls also work)
- Water
- 1 Tin Tuna (brine, drained)
- Favourite smooth wet food (or softened, blended pellets)
- (For dogs, can break up favourite dental chews into pieces and mix in)

Mix 2 parts water with 1 part tuna and 1 part soft food.

Freeze in ice trays or cups

Empty onto grass or into a deep bowl to minimise mess

Serve!



### **Bunny/ cavie coolers**

You will need:

- Ice trays
- Water
- Cucumber cubed (or other safe favourite veg)
- Chopped greens (bok choy, radicchio, fennel, celery etc.)

Mix chopped greens and cucumber and half fill each space in the ice tray

Fill tray with water and freeze

Empty onto a plate or low bowl

Let stand for a minute till starts to sweat

Serve!

(Note, bunnies, chinchillas and guinea pigs should not be allowed to take in too much ice or very cold food or liquid, so share a block between more than one).

