

Chewy cat treats

Ingredients:

1 large egg
1 tin canned wet cat food or fish
1/4 cup parsley, coarsely chopped
2 teaspoons olive oil
2 tablespoons water
1 cup brown rice flour
1/2 cup cooked white (or brown) rice

Other things you might add other treats like : 1 tablespoon of catnip or a hearty tablespoon of extra wet cat food.

Place a rack in the middle of the oven and preheat oven to 180 degrees C. Line a baking sheet with baking paper and set aside.

In a medium bowl, whisk together egg, wet cat food, parsley, olive oil, and water. Mix in the brown rice flour and cooked rice. The mixture will be thick but spreadable.

Spread mixture onto prepared baking sheet creating a rectangle that is about 8mm thick. Bake for 12 to 15 minutes.

Remove from the oven. Let rest until cool enough to handle, then slice soft dough into bite-sized pieces. Return pieces to the oven to bake for another 8 minutes.

Remove from the oven. Allow to cool completely. Store in an airtight container in the fridge. I store my treats in the fridge just to be safe.

